

Notification No.: Exam/IDE/44  
Dated: 25/2/2010



**INSTITUTE OF DISTANCE EDUCATION**  
**DOCTOR HARISINGH GOUR VISHWAVIDYALAYA, SAGAR**  
**TIME TABLE FOR THE P.G. Diploma in Yoga & Meditation (NEW**  
**COURSE) (Distance Education) Examination 2008-2009**

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**TIME: 9.00 A.M. TO 12.00 NOON**

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**MONDAY, THE 15<sup>th</sup> March, 2010**

प्रथम प्रश्नपत्र योग के आधारभूत तत्व

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**TUESDAY, THE 16<sup>th</sup> March, 2010**

द्वितीय प्रश्नपत्र मानव शरीर रचना – क्रिया विज्ञान

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**WEDNESDAY, THE 17<sup>th</sup> March, 2010**

तृतीय प्रश्नपत्र हठ योग के सिद्धांत

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**THURSDAY, THE 18<sup>th</sup> March, 2010**

चतुर्थ प्रश्नपत्र पातंजल योग दर्शन

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**FRIDAY, THE 19<sup>th</sup> March, 2010**

पंचम प्रश्नपत्र स्वस्थ वृत्त, आहार और यौगिक चिकित्सा

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**SATURDAY, THE 20<sup>th</sup> March, 2010**

षष्ठम प्रश्नपत्र प्रायोगिक (प्रायोगिक परीक्षा का समय प्रातः 8 बजे रहेगा)

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NOTE :-1) No Guarantee is given to examinees regarding the order of the Question Papers.  
2) Walk-out Papers will not be held again.

By Order

DY. REGISTRAR (EXAM.)  
DR. H.S. GOUR V.V., SAGAR

नोट : प्रवेश पत्र संस्थान द्वारा सिर्फ परीक्षार्थी को ही प्रदान किया जायेगा।

Notification No.: Exam/IDE/45

Dated: 25/2/2010



**INSTITUTE OF DISTANCE EDUCATION**  
**DOCTOR HARISINGH GOUR VISHWAVIDYALAYA, SAGAR**  
**TIME TABLE FOR THE P.G. Diploma in Yoga & Meditation (OLD**  
**COURSE) (Distance Education) Examination 2008-2009**

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**TIME 2.00 P.M. TO 5.00 P.M.**

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**MONDAY, THE 15<sup>th</sup> March 2010**

Paper – I      FUNDAMENTALS OF YOGIC SCIENCE      (Theory)

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**TUESDAY, THE 16<sup>th</sup> March 2010**

Paper – II      ANATOMY AND PHYSIOLOGY OF HUMAN BODY      (Theory)

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**WEDNESDAY, THE 17<sup>th</sup> March, 2010**

Paper – III      FUNDAMENTALS OF HATHA YOGA      (Theory)

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**THURSDAY, THE 18<sup>th</sup> March, 2010**

Paper – IV      HUMAN CONSCIOUSNESS AND MEDITATION      (Theory)

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**FRIDAY, THE 19<sup>th</sup> March, 2010**

Paper – V

Part – I, II      PROJECT WORK/PRACTICAL WORK      (प्रायोगिक परीक्षा का समय प्रातः 8  
बजे रहेगा)

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2) Walk-out Papers will not be held again.

By Order

DY. REGISTRAR (EXAM.)  
DR. H.S. GOUR V.V., SAGAR

नोट : प्रवेश पत्र संस्थान द्वारा सिर्फ परीक्षार्थी को ही प्रदान किया जायेगा।